The ADDQoL 19

an individualised measure of the impact of diabetes on quality of life

Scoring

- **Two overview items**: scored individually
- **Individual domains**: a weighted score for each domain is calculated as follows:

  Weighted impact score
  
  \[
  \text{Weighted impact score} = \text{impact rating} \times \text{importance rating}
  \]

  \[
  \text{Weighted impact score} = (-3 \text{ to } +1) \times (0 \text{ to } 3)
  \]

  \[
  \text{Weighted impact score} = -9 \text{ (maximum negative impact of diabetes) to } +3 \text{ (maximum positive impact of diabetes)}
  \]

  **NB** "Unimportant" domains score 0, regardless of magnitude of impact of diabetes. Domains with no impact of diabetes score 0, regardless of their importance to QoL. Any non-applicable domains are not scored.

- **Average Weighted Impact Score**:

  \[
  \text{Average Weighted Impact Score} = \frac{\text{Sum of weighted ratings of applicable domains}}{\text{N of applicable domains}}
  \]

  \[
  \text{Average Weighted Impact Score} = -9 \text{ (maximum negative impact of diabetes) to } +3 \text{ (maximum positive impact of diabetes)}
  \]

Comment

The ADDQoL was developed in the early 1990s (mentioned in appendix of 1994 Handbook as a new measure). Evidence for reliability, validity and responsiveness is well established for the English version and is becoming established for translations. Translations/adaptations are available in more than 20 languages, with further linguistic validation work in progress. The latest version of the ADDQoL (ADDQoL19) was simplified in various ways in the light of development of the MacDQoL and RetDQoL for people with macular disease and diabetic retinopathy respectively.

Availability

The ADDQoL can be obtained from: Health Psychology Research Ltd

Fax: +44 (0)1784 414657.  E-mail: info@healthpsychologyresearch.com

Website: www.healthpsychologyresearch.com

Selected references


